

**JEFFREY GAULDEN**  
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**Summary of Skills**

- Well organized, positive and self-motivated, being able to complete assignments unsupervised.
- Outstanding communication skills and conflict resolution skills.
- Solid team member and team leader experience
- Excellent ability to work well in fast-paced environments while handling multiple priorities.
- Enthusiastic hard worker with several years of experience in a diverse range of labor positions.

**Employment History**

**Janitor** January 2017 to November 2023

State of California, San Diego, CA

- Cleaned floors and fixtures following procedures for the use of chemical cleaners and power equipment.
- Stripped, sealed, finished, and polished floors.
- Steam cleaned and shampooed carpets.
- Maintained and repaired machines and equipment, using tools such as hammers, hoists, saws, drills, wrenches.

**Caretaker** March 2015 to December 2016

State of California, Vacaville, CA

- Administered bedside or personal care, such as ambulation or personal hygiene assistance.
- Prepared and maintained records of patient progress and services, reporting changes in condition to Supervisor.
- Participated in case reviews, consulting with the team caring for the patient to evaluate the patient's needs and plan for continuing services.
- Instructed patients on issues such as household cleanliness, utilities, hygiene, nutrition and infant care.

**Landscape Worker** July 2004 to February 2006

State of California, San Diego, CA

- Flagged pedestrians to warn them of obstacles or repair work ahead.
- Evacuated dried brush and weeds.
- Maintained grounds by rimming, weeding and general cleanup.
- Installed and repaired guardrails, road shoulders, berms, highway markers, warning signals and highway lighting, using hand tools and power tools.

**Education and Certifications**

**Adult and Pediatric First Aid/CPR/AED**

American Red Cross, Los Angeles Southwest College

**OSHA 10, Construction**

Los Angeles Southwest College

**Facilities Maintenance Skills Certification**

Los Angeles Southwest College

**High School Diploma**

San Diego High School, San Diego, CA