

Gerardo Martinez

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Experienced prep cook with a strong foundation in kitchen operations and food preparation techniques. Skilled in ingredient sourcing, knife handling, and maintaining cleanliness and hygiene standards. Adept at collaborating with kitchen staff to ensure efficient workflow and high-quality output. Eager to contribute culinary expertise to a dynamic team environment.

Work Experience

Prep Cook

Qwick

January 2021 to Present

- Prepared and portioned ingredients according to recipes and menu requirements.
- Maintained a clean and organized workspace, adhering to sanitation and safety guidelines.
- Collaborated with kitchen team to ensure timely and efficient food production.
- Supported kitchen operations by assisting with various tasks as needed, such as equipment maintenance or food storage organization.

Prep Cook

Thai pizza

Responsible for assisting chefs in food preparation, including chopping vegetables, preparing sauces, and portioning ingredients. Maintained cleanliness and organization of kitchen stations. Demonstrated ability to work efficiently in a fast-paced environment while adhering to food safety standards

Education

High school diploma

Skills

- Kitchen Experience
- Food Handling
- Food Service
- Meal Preparation
- Food Preparation
- Food Safety
- Dishwashing
- Culinary experience
- Knife skills
- Food industry

- Cooking
- Sanitation
- Cleaning
- Custodial experience
- Janitorial experience
- Commercial cleaning
- Banquet Experience

Certifications and Licenses

Food Handler Certification

Driver's License

ServSafe