

Amber Baird

Sacramento, CA 95825

amberbaird90@gmail.com

+1 916 704 7037

Willing to relocate: Anywhere

Authorized to work in the US for any employer

Work Experience

Assistant Dietary Manager

New Generation Health Services-Sacramento, CA

May 2024 to Present

- Identifying patients unique dietary needs
- scheduling
- Supervise staff and motivate peak performances.
- Take phone calls regarding complaints and questions about orders or further escalations regarding services or products.
- planning meals that meet them
- training employees
- participating in food preparation, ensuring that food safety and sanitation procedures are followed
- Print and edit dietary trays cards
- Inventory purchasing goods or supplies
- planning, coordinating, and performing special catering functions of the facility
- helping with cleaning and maintaining kitchen
- delivering food to residents
- ensure that patients receive food that is safe for them to eat and that meets their individual nutrition guidelines
- Inspect special diet trays to ensure they comply with the dietary restrictions
- Cover shifts

Stocker

Sodexo-Gilbert, AZ

March 2024 to May 2024

1. Stock worker and receiver snacks and drinks
2. Cleaning and organized

Assistant Dietary Manager

Generations Healthcare SNF-Sacramento, CA

March 2023 to February 2024

- Identifying patients unique dietary needs
- scheduling
- Supervise staff and motivate peak performances.
- Take phone calls regarding complaints and questions about orders or further escalations regarding services or products.
- planning meals that meet them

- training employees
- participating in food preparation, ensuring that food safety and sanitation procedures are followed
- Print and edit dietary trays cards
- Inventory purchasing goods or supplies
- planning, coordinating, and performing special catering functions of the facility
- helping with cleaning and maintaining kitchen
- delivering food to residents
- ensure that patients receive food that is safe for them to eat and that meets their individual nutrition guidelines
- Inspect special diet trays to ensure they comply with the dietary restrictions
- Cover shifts

Cook

Generations Healthcare-Sacramento, CA

April 2022 to March 2023

- Starts breakfast and lunch
- Server breakfast and lunch
- Check menu for thawing meat
- Ensuring all special dietary needs are met and preparing texture modified food directed
- Following the specially prepared menus and production sheets to maintain the highest possible quality and consistency
- Prepared meals in accordance with customer dietary requests
- Washed, peeled and prepared ingredients for a commercial kitchen
- Ensured cooked food was correct temperature according to compliance guidelines

Dietary Aide

PIONEER HOUSE-Sacramento, CA

August 2018 to June 2021

Setting up tray cards, food carts, dining room Serving dining room, etc, as instructed for meal service

- preparing and serving snacks
- cleaning the kitchen and washing dishes, cutlery and equipment.
- Prepare meals as per care plan, liquified purée , mechanical soft, purée, etc.

Serving and sitting the dining room in skilled nursing assistant living and independent living

Prep Cook and Line Cook

SSP America - SMF-Sacramento, CA

August 2015 to October 2018

- Prepare ingredients for cooking

Wash

peel and chop meat fruits and vegetables

Measure seasoning, Condiments, and ingredients for use in cooking

Property store food items in designated containers

Sanitize work area and equipment wash dish

Education

High school diploma or GED

Twin Rivers Adult School - Sacramento, CA

August 2007 to June 2009

Skills

- Grill (6 years)
- Food Prep (9 years)
- Food Service (9 years)
- Cooking (9 years)
- Kitchen Staff (9 years)
- Dietary aid (7 years)
- Food Safety (9 years)
- Senior Care (8 years)
- Serving Experience (9 years)
- Meal Preparation (9 years)
- Food Production (9 years)
- Cleaning Experience (9 years)
- Kitchen experience (9 years)
- Baking (9 years)
- Dietary department experience (8 years)
- Food Handling (9 years)
- Cash Handling (4 years)
- Purchasing (1 year)
- Kitchen Management Experience (1 year)
- Inventory Control (1 year)
- Supervising Experience
- Food Service Management (1 year)
- Leadership (1 year)
- Hospitality
- Cash handling
- Communication skills
- Kitchen management
- Food handling
- Dietary aide experience (7 years)
- Management
- Food service
- Accounting

- Sales
- Restaurant management
- Analysis skills
- Quick service & fast food restaurant
- Team management
- Shift management
- Cooking
- Serving
- Cash register
- Interviewing
- Restaurant experience
- Customer service
- Guest services
- Time management
- Baking
- Leadership
- Management
- Supervising experience
- Kitchen management
- Cooking
- Dietary aide experience
- Shift management
- Restaurant experience
- Customer service
- Serving
- Guest services
- Team management
- Hospitality
- Interviewing
- Food handling
- Hospitality
- Leadership
- Communication skills
- Kitchen management
- Food handling
- Kitchen experience
- Restaurant experience
- Cooking
- Serving
- Guest services

- Shift management
- Customer service
- Dietary aide experience
- Team management
- Supervising experience
- Interviewing
- Culinary experience
- Assistant manager experience
- Organizational skills
- Basic math
- Experience with children

Awards

Presidential award

April 2023

The Presidential nomination process recognizes employees who live the Mission Statement through their selfless and caring acts in support of our pursuit of great care.

Certifications and Licenses

Food Handler

June 2023 to June 2026

Food handlers basic