

Gina Atwal

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Objective:

Seeking a position as a Prep cook where I can utilize my knowledge and abilities that I have acquired through other jobs and culinary training. I would like an opportunity with room for growth and an environment that will challenge me to attain my maximum potential.

Qualifications and Skills:

- Strong customer service and communication skills.
- Knowledge of health and safety codes and regulation, ServSafe certified.
- Experienced in safe operations of commercial food service equipment.
- Ability to follow recipes, instructions, and guidelines precisely.
- Experienced as Prep Cook, Line Cook in kitchen environment.
- Trained in temperature controls and food danger zones.
- Experienced in cooking Indian food and working with international spices.
- Attentive to quality and detail oriented work.
- Great communicator: takes and gives direction well, keeps an open dialogue.
- Ability to work independently or as a team.
- Skilled in communicating at all professional levels.

Culinary Skills and Experience:

- Assisted school's Catering department with banquet events: set up rooms, buffet, bused, and clean up.
- Prepare daily lunch service for school: salads, sandwiches, appetizers, and entrees.

Food Prep:

- Cooking methods used: Braising, breading, fat frying, grilling, cooking all stocks.
- Clean equipment and kitchen for daily food preparation.
- Currently in process of learning how to cut, trim and bone meats professionally.
- Prep all vegetables and fruits for service.
- Desserts: accurately prepped and baked variety of breads, pies, cookies, and tarts.
- Maintaining a safe, sanitary, and orderly work area.

Education:

- ServSafe certified in Management until 2016.
- Center for Employment Training (CET), San Jose, CA
 - Culinary Arts program

03/2012

Employment:

Smith & Hawkins, Los Gatos, CA
Stock, Sales Associate

05/2007-08/2008

- Responsible for shipping, receiving and keeping inventory.
- Duties included sales floor coverage, carry outs, merchandising and work tradeshow floor. Including deliveries and set up furniture at clients homes
- Skilled in restoration Teak Furniture.